Welcome to

Askina® 2005

10th of June
Auestadium

Meeting-Office

Contact: Mr. Hans Günther Stieglitz
Mobil-Phone: 0171 - 284 76 74

Hotels

Contact: Ms. Alexandra Neuhaus

Meeting-Hotel: QUEENS HOTEL
Heiligenröder Str. 61
34123 Kassel
Tel.: 49 (0) 561 - 52 05 0
Fax: 49 (0) 561 - 52 74 00

Meal Arrangements

Every athlete gets his meals in the meeting-hotel.

Eating Times in the hotel are:

Breakfast		06:30 a.m.	to	10:00 a.m.
Lunch*	9th of June	12:00 p.m.	to	02:30 p.m.
Dinner*	9th of June	07:00 p.m.	to	11:00 p.m.
Lunch*	10th of June	12:00 p.m.	to	03:00 p.m.
Snack*	10th of June	03:00 p.m.	to	04:00 p.m.

***** For the meals there will be vouchers available. Water is for free, extras have to be paid by yourself.

Banquet 10th of June from 9:00 p.m.
in the VIP-Tent behind the Stadium (see stadium map)!
For all Athletes, Coaches/Managers and Sponsor Partners.

Specials (Press-Conference and Presentation of the TOP-Athletes)

Contact: Mr. Hans Günter Stieglitz
Mobil-Phone: 0171 - 284 76 74

Medical and physical therapy

Contact medical: Mr. Jens Enneper
Mobil-Phone: 0172 - 763 36 27

Contact physical therapy: Mr. Mathias Strothmann
Mobil-Phone: 0175 - 648 18 75

Room: Herkules 209
For the massages, there will be a form posted in the Meeting office, please sign up on time!

Auestadium:
Friday 10th of June, from 5 p.m. (see stadium map)
For more assistance please contact Mr. Stieglitz.

Entrance to the Stadium

For athletes:
The starting bibs allow you to enter the stadium. For entering the VIP-Tent, please use the extra given permission. The starting bib allows you to enter the infield!
The athletes-gallery is the northern side, gallery block: r and s.

For Coaches and Managers:
The tickets will allow you to enter the stadium and the VIP-permission allows you to enter the VIP-tent for the banquet.

Warm Up

For warm up there is enough space behind the Auestadium. Please follow the signs!

Place of Competition

All athletes should be at their place of competition, 20 minutes before track events and 30 minutes before field events.

Equipment
Own equipment has to be checked one hour before the start of the events. This is a standard meet requirement (follow stadium map for direction).

Starting Bibs
The starting bibs are not allowed to change and has to be worn on the front of your chest (the pole vault athletes are excluded).

Practice Time in the Stadium
Please have a look at the list in the meeting office.

Competition
All athletes are introduced before every event starts, also in the technical events.

Random Drug Test
Right after the competition any athlete will be drawn and informed by officials. The athletes will be taken to the drug testing area.
This test will take place one hour after their event is finished.

Victory Ceremony
The first three top finisher should go to the grandstand for the award ceremony as soon as their prospective events are over.

Shuttle Service
Contact: Mr. Sven Lindemann
Mobil-Phone: 0171 - 545 26 73

The shuttle service will take you to the stadium, and to your leaving destination (train station/ airport).
Athletes with their own car can park with a parking ticket (available in the meeting office) at the Stadium.

Bus-Shuttle to the Stadium and VIP-Tent. Please have a look at the list in the meeting office.
Meeting Point in front of the Hotel.

Departure
Please give your travel information to the Shuttle Service and look for specific information in the meeting office.

Practice

Please let the shuttle service know in advance, when you would like to go to training.

Payment

Contact:	Mr. Hans Günter Stieglitz Mobil-Phone: 0171 - 284 76 74
Date:	Friday, 10th of June 2005 from 11:00 p.m. Saturday, 11th of June 2005 from 10:00 a.m.
Place:	in the meeting office (QUEENS HOTEL)

Notice for the Manager: In case that you prefer sending an invoice, make sure that IBAN and BIC (SWIFT-Code) are written on it. As the meeting is organized by a company, they need a decent invoice to transfer the money.

Enjoy your stay in Kassel and good luck for the competitions

Your

Askina® - **Team**